

### PERSONNEL ACTION FORM

Company Name:	_		
	☐ New Hire	$\square$ Employment Termination	
Benefit Effective Date:	☐ Benefit Enroll	☐ Benefit Termination	
First/Last Payroll Deduction Date:	☐ Benefit Change	☐ Information Change	
Full Name:	☐ Keep Existing Electi	ons the Same	
Address:	☐ Waive All Benefits		
City:State:Zip:	waive All Belletits		
SSN:DOB:Gender:			
Phone:	Pa	Payroll Frequency	
Email:	☐ Monthly 12	☐ Semi-Monthly 24	
	☐ Bi-Weekly 26	□ Weekly 52	
Elect Only the Plans Offered by Your Employer - Not all plans listed may be offered			
☐ HRA (If Applicable) Enrollment <u>Choose TIER</u> : ☐ Emp ☐ Emp/ Spouse ☐ Emp/Child ☐ Family			
□ Medical Plan (Enter plan name if company offers more than one)			
☐ FSA MedicalPer Year (\$2850 Max) ☐ Ltd Purpose? ☐ FSA Dependent CarePer Year (\$5000 Max)			
☐ TransitPer Month (\$280 Max)	☐ Parking	Per Month (\$280 Max)	
Debit Card (we will order unless you decline) $\Box$ Y $\Box$ N Debit Card for Spouse/Domestic Partner $\Box$ Y $\Box$ N			
I request the coverage and classifications listed above and I authorize payroll deduct participate or waive coverage is binding for the plan year and the deduction(s), if an provided for under the provisions of the plan. I hereby certify the above information and expenses are eligible as my dependents for tax purposes. I further understand reduction.	ny will be in effect for the entire p n to be true and the dependents f	olan year and cannot be revoked unless or whom I will be claiming dependent care	
Dependent Information (required for Insurance, HRA and FSA Pla	ns)		
SPSSN	DOB	Gender	
CHSSN	DOB	Gender	
CHSSN	DOB	Gender	
CHSSN	DOB	Gender	
Employee Signature:	Date:		
HR/Supervisor Signature:	Date:	_	

# Can I save money on healthcare and dependent care expenses?

Yes! When you sign up for an FSA.

Your employer offers a Flexible Spending Account (FSA). Any benefit eligible employee can enroll.

Your FSA lets you pay for eligible Health Care (dental, medical & vision) and Dependent Care expenses on a pre-tax basis. **Your FSA includes these highlighted features:** 



### **HEALTH CARE**

deduct up to \$2,850 (separate from Dependent Care election)



### **DEPENDENT CARE**

elect up to \$5,000 (separate from Health Care election)



### **EASY ACCESS**

use your personalized VantagePoint Debit Card for all eligible purchases



# GETTING MARRIED? NEW BABY?

You can change your election outside of Open Enrollment



### **PRE-TAX SAVINGS**

all election amounts escape payroll taxes

**Start Saving Now** 

Complete an Enrollment Form, available from HR, to elect your monthly contribution and debit card!





## **FSA/HSA Eligible Health Care Expenses**

Please note that we do not intend this list to be comprehensive tax advice. For more detailed information, please consult IRS Publication 502 or see your tax advisor. \*If prescribed for a particular ailment or medical condition; provider letter required.

Acupuncture

Alcoholism treatment Allergy shots and testing Ambulance (ground or air)

Artificial limbs

Blind services and equipment Car controls for handicapped\*

Chiropractor services

Coinsurance and deductibles

Contact lenses

Crutches, wheelchairs, walkers

Dental treatment

Dentures

Diagnostic tests Doctor's fees

Drug addiction treatment & facilities

Drugs (prescription)

Eye examinations and eyeglasses Home health and/or hospice care

Hospital services

Insulin

Laboratory fees LASIK eye surgery

Medical alert (bracelet, necklace)

Medical monitoring and testing devices\*

Nursing services Obstetrical expenses Occlusal guards

Operations and surgeries (legal)

Optometrists Orthodontia Orthopedic services

Orthopedic sci

Osteopaths

Oxygen/oxygen equipment

Physical exams Physical therapy

Psychiatric care (psychologists,

*psychotherapists)* Radial keratotomy

Schools (special, relief, or handicapped)

Sexual dysfunction treatment Smoking cessation programs

Surgical fees

Television or telephone for the hearing

impaired

Therapy treatments\*

Transportation (essentially and primarily for medical care; limits apply)

Vaccinations Vitamins\*

Weight loss programs\*

X-rays

### Important Notice About Over-the-Counter (OTC) Medications

With passage of the Coronavirus Aid, Relief and Economic Security Act (CARES Act) in March 2020, OTC medications are once again eligible for purchase with FSA/HSA funds without the need for a prescription. In addition, menstrual care products are now also eligible for purchase with FSA/HSA funds without the need for a prescription. You can use either your debit card to purchase these items or submit the purchase receipt for reimbursement.

# **FSA/HSA Eligible OTC Medications and Products**

Acne medications & treatments

Allergy & sinus, cold, flu & cough remedies

Antacids & acid controllers

Antibiotic & antiseptic sprays, creams & ointments

Anti-diarrheals

Anti-fungals

Anti-gas & stomach remedies

Anti-itch & insect bite remedies Anti-parasitics

Digestive aids

Baby care (diaper rash ointments, teething gel, rehydration fluids, etc.)

Bandages and bandaids

Breast pumps for nursing mothers

Braces & supports

Contact lens solution

Contraceptives (condoms, gels, foams, suppositories, etc.)

CPAP equipment & supplies

Diabetic testing supplies/equipment Durable medical equipment *(power chairs,* 

walkers, wheelchairs, etc.)

Eczema & psoriasis remedies Eye drops, ear drops, nasal sprays

First aid kits

Hemorrhoidal preparations

Home diagnostic (pregnancy tests, ovulation kits, thermometers, blood pressure monitors, etc.)

Hydrogen peroxide, rubbing alcohol

Laxatives

Medicated bandaids & dressings

Menstrual care products

Motion sickness remedies

Smoking cessation aids

Nicotine patches and medications

smoking cessation aids OTC varieties of Insulin

Pain relievers (aspirin, ibuprofen, acetaminophen, naproxen, etc.)

Reading glasses
Sleep aids & sedatives

Wart removal remedies, corn patches

All OTC items listed are examples.

### These items are commonly mistaken as eligible but do not meet the requirements:

Cosmetic surgery and procedures Cosmetic Dental Procedures (incl. teeth whitening, vitamins and supplements Health programs, health clubs and gyms Insurance premiums (not reimbursable under FSA) Teeth whitening Vitamins & supplements without prescription



claims@vantagepointbenefit.com 20 Blake Ave • Lynbrook, NY 11563 • (516) 599-2120 vantagepointbenefit.com

# CAN I SAVE MONEY ON MY COMMUTE?

# Yes! When you sign up for TRA.

Your employer offers a Transit/Commuter Reimbursement Account (TRA) Benefit. All Employees are eligible for this program.

Your TRA lets you pay for eligible Mass Transit and/or Parking expenses on a pre-tax basis. Your TRA includes these highlighted features:



### **MASS TRANSIT**

Deduct up to \$280 per month (separate from Parking election)



### **EASY ACCESS**

Use your personalized VantagePoint Debit Card for all payments



### **PARKING**

Elect up to \$280 per month (separate from Mass Transit election)



### **ALWAYS AVAILABLE**

Unused funds remain in your account. Access account details 24/7



### **PRE-TAX SAVINGS**

All election amounts escape payroll taxes



### **ON VACATION?**

You can adjust your contribution monthly

**Start Saving Now** 

Complete an Enrollment Form, available from HR, to elect your monthly contribution and debit card!





# Don't know how to spend your FSA money?

Did you know you could use your FSA to save money on everyday health essentials like baby health items, health trackers, pain relief products and more? Use your FSA funds or risk forfeiting your money.



**The largest selection** of guaranteed FSA-eligible products



**24/7 support**FREE shipping on orders over \$50



Are your health needs eligible? Easily check with our expansive Eligibility List



**No Rx needed** Over-the-counter meds are fully eligible



**Learning Center**Get daily moneysaving info



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